

Allah Almighty says: (And among His signs is that He has created spouses for you of your own kind so that you may find tranquillity in them; and He has placed affection and compassion between you. Indeed in that are signs for people who ponder and reflect.)
The Qur'an, 30:21



6 Prohibition of Intoxicants

Despite the worldwide spread of intoxicants and the huge number of people who seem to enjoy them, the pure innate nature simply rejects it because it clouds the mind and thus turns otherwise 'normal' people into 'immoral savages' who may commit any kind of crime. Allah Almighty says: (O you who believe! Indeed, intoxicants, gambling, [sacrificing on] stone alters [to other than Allah] and divining arrows are nothing but abominations from the work of Satan. Therefore, avoid them altogether so that you may be successful.) *The Qur'an, 5:90*



If a person frees himself of the external influences that are bound to affect his willpower and decisions, he will definitely choose Islam because it is the religion that follows the orders of the pure, innate nature Allah has instilled in mankind and because it adequately fulfils the demands of both the intellect and the spirit.



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Islam

The
Religion of Natural
Human Disposition



English



✦ Every human being, at birth, comes with a nature that is predisposed towards getting to know Allah and worshipping Him alone. He may then retain such pure and innate nature as he grows up, or he may turn away from such pristine nature in imitation of his parents, or for any other reason.

The Prophet ﷺ, said: “Every child is born with a natural inclination to surrender to Allah, (that is, to be a Muslim), but then his parents make him Jewish, Christian or Zoroastrian.”

✦ Clearly, Islam is in perfect harmony with this pristine nature, called (fitrah), which Allah has instilled into all people. Islam is rightly termed “the religion of fitrah”, for a number of reasons including the following:

1 Worshipping Allah Alone

Worshipping the One True God who has absolute perfection, the Creator, the Provider, the Ever Living God who never dies is in total consistency with this pure innate nature. In fact, if a person is left to himself and to his own thinking and reasoning, without being indoctrinated with any erroneous beliefs, the inherent pure nature instilled in him will undoubtedly guide him to find his way to the True God who alone is worthy of worship. Allah Almighty says: (Therefore, set your face towards the true religion, worshipping Allah alone. [Adhere to] the innate nature Allah has instilled into mankind. There is no changing Allah’s creation. That is the right religion, but most people do not know.) *The Qur’an, 30:30*



2 Loving Good and Hating Evil

Mankind have a natural inclination to love good and hate evil. It is for this reason that they experience extreme joy and profound feeling of fulfilment when they do charitable work such as providing humanitarian assistance to the poor.

2

They also feel conscience-stricken when they do an evil act, such as committing violence against others. They behave in this manner simply because the constitution of their innate nature rejects evil as it is not compatible with it. Because Islam enjoins good and forbids evil, it is obviously in complete harmony with this good natural disposition. Allah Almighty says: (Indeed, Allah orders with justice, good conduct and charity to relatives, and forbids indecency, reprehensible conduct and oppression. He admonishes you so that you may be reminded.) *The Qur’an, 16:90*



3 Loving the Truth and Abhorring Falsehood

Mankind are naturally disposed to love and follow the truth and to hate falsehood and stay away from it. Most people follow and support falsehood not because it is in harmony with their pristine pure nature, but only due to a transient matter that has made them contradict the orders of such pure nature, such as their attempt to seek money, fame or position. Islam encourages its adherents to follow the truth and to stay away from falsehood under all circumstances. Allah Almighty says: (Then is he who knows that what has been sent down to you from your Lord is the truth like the blind one who does not believe? It is only people with sound minds who will be reminded.) *The Qur’an, 13:19*



3

4 Hygiene and Cleanliness

If a sensible person makes a comparison between two religions: one that enjoins hygiene and cleanliness and one that encourages filth and uncleanness, and is then asked to decide on which one he likes, which one will he naturally choose?

Following the dictates of his pure innate nature, he will undoubtedly opt for the faith that enjoins cleanliness. It is indeed Islam that enjoins and encourages cleanliness.

Allah Almighty says: (Indeed, Allah loves those who turn to Him in repentance and He loves those who purify themselves.) *The Qur’an, 2:222*

The Prophet ﷺ, said: “There are five practices that conform to the dictates of the pure innate nature (fitrah): circumcision, removing the pubic hair, trimming the moustache, clipping the nails and plucking the underarm hair.”



5 Marriage

Which of these practices tends to follow the dictates of the pure, original state of human nature:

- 1- marriage between a man and a woman
- 2- engaging in extramarital affairs
- 3- same-sex marriage?

Following the dictates of one’s pure innate nature, one will beyond a shadow of a doubt choose the natural marriage between a man and a woman.



4